

Medication Book

HEALTH CARE PROVIDER ORDER

Name David Cook	Date 2-1-yr
Health Care Provider Dr. Richard Black	Allergies none
Reason for Visit Annual physical exam	
Current Medications See attached medication list	
Staff Signature <i>Sam Dowd</i>	Date 2-1-yr
Health Care Provider Findings Continue current medications	
Medication/Treatment Orders Ultram 50mg by mouth three times daily Luminal 97.2mg by mouth daily in the evening	
Instructions	
Follow-up visit	Lab work or Tests
Signature <i>Dr. Richard Black</i>	Date 2-1-yr

Posted: Sam Dowd Date: 2/1/yr Time: 2pm

Verified: Linda White Date: 2/1/yr Time: 4pm

Month and Year: **March yr**

MEDICATION ADMINISTRATION SHEET

Allergies: **none**

Start	Generic Tramadol	Hour	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
2-1-yr	Brand Ultram	8am	JS	AS	AS																												
	Strength 25mg	Dose 50mg																															
Stop	Amount 2 tabs	Route mouth	4pm	SD	SD																												
cont.	Frequency three times daily		8pm	SD	SD																												

Special instructions:

Reason: *right knee pain*

Start	Generic Phenobarbital	Hour	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
2-1-yr	Brand Luminal																																	
	Strength 32.4mg	Dose 97.2mg																																
Stop	Amount 3 tabs	Route mouth																																
cont.	Frequency daily in evening		8pm	SD	SD																													

Special instructions:

Reason: *decrease seizures*

Start	Generic	Hour	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
	Brand																																	
	Strength	Dose																																
Stop	Amount	Route																																
	Frequency																																	

Special instructions:

Reason:

Start	Generic	Hour	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
	Brand																																	
	Strength	Dose																																
Stop	Amount	Route																																
	Frequency																																	

Special instructions:

Reason:

Name: David Cook Site: 45 Shade Street Treetop MA 00000	CODES		Signature		Signature
	DP-day program/day hab	LW	<i>Linda White</i>		
	LOA-leave of absence	JS	Jenna Sherman		
	P-packaged	AS	<i>Amanda Smith</i>		
	W-work	SD	Sam Dowd		
	H-hospital, nursing home, rehab center				
S-school					

Sample Medication Information Sheet

Tramadol: is an analgesic used to treat moderate to severe pain, chronic pain.

Brand names for Tramadol are Conzip, Rybix, Ryzolt, Ultram, and Zytram.

How to take: Oral tablets, take with or without food.

What to do if you miss a dose: Take as soon as possible unless it is one hour before the next dose. If so, skip the missed dose. Never double up on dose.

Side Effects: Vertigo, depression, seizures, headache, fatigue, hypotension, blurred vision, nasal congestion, nausea, anorexia, constipation, GI irritation, diarrhea, pruritus and urinary retention.

Interactions: Tell your HCP of all the medications you are taking. Do not use with St. John's wort. Using tramadol together with alcohol may increase side effects such as dizziness, drowsiness, confusion, and difficulty concentrating.

Contraindications: Hypersensitivity, acute intoxication with any CNS depressant, alcohol, asthma, respiratory depression.

Special Precautions: Monitor vital signs, if respirations are less than 12 withhold, track bowels, and check urinary output.

Overdose reaction: Serotonin syndrome, neuroleptic malignant syndrome: increased heart rate, sweating, dilated pupils, tremors, high B/P, hyperthermia, headache, and confusion.

Sample Medication Information Sheet

Phenobarbital: is a barbiturate used for all forms of epilepsy, status epilepticus, and febrile seizures in children, sedation and insomnia. It may be used for other conditions as determined by your HCP (Health Care Provider).

How to take: Take this medication by mouth with food or milk to avoid stomach upset on a regularly schedule and as prescribed by your HCP. Do not suddenly stop taking this medication.

What to do if you miss a dose: Take it as soon as you remember but if it is too close to the next dose skip the missed dose and resume your regular schedule. Do not double the dose.

Side Effects: Agitated mood; confusion; dizziness; excessive daytime drowsiness; headache; lightheadedness; low blood pressure; nausea; slow heartbeat; slowed breathing; vomiting.

Seek medical attention right away if any of these SEVERE side effects occur: Severe allergic reactions (rash; hives; itching; difficulty breathing; tightness in the chest; swelling of the mouth, face, lips, or tongue); liver damage.

Interactions: Tell your HCP about all the medications you take especially blood thinners (warfarin), epilepsy medications, cyclosporine, antidepressants, pain medications, muscle relaxants, alcohol, Barbiturates can decrease the effectiveness of oral birth control pills.

Special Precautions: Avoid alcohol, use caution while driving or operating machinery, elderly people may be more sensitive to the effects of this medication.

Overdose reaction: If overdose is suspected call your local poison control center at 1-800-222-1222.

HEALTH CARE PROVIDER ORDER

Name Juanita Gomez	Date 2-1-yr
Health Care Provider Dr. David Jones	Allergies Bactrim
Reason for Visit Annual physical exam	
Current Medications See attached medication list	
Staff Signature <i>Sam Dowd</i>	Date 2-1-yr
Health Care Provider Findings Continue current medications	
Medication/Treatment Orders Colace liquid 200mg by mouth twice daily Dilantin 200mg by mouth twice daily Ultram 50mg by mouth twice daily	
Instructions	
Follow-up visit	Lab work or Tests
Signature <i>Dr. David Jones</i>	Date 2-1-yr

Posted: Sam Dowd Date: 2/1/yr Time: 2pm

Verified: Linda White Date: 2/1/yr Time: 4pm

Month and Year: March yr

MEDICATION ADMINISTRATION SHEET

Allergies: Bactrim

Start	Generic Docusate sodium	Hour	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31		
2-1-yr	Brand Colace (liquid)	8am	JS	AS	AS																														
	Strength 50mg/5mL Dose 200mg																																		
Stop	Amount 20mL Route mouth																																		
cont.	Frequency twice daily	8pm	SD	SD																															

Special instructions:

Reason: soften stool

Start	Generic Phenytoin	Hour	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31		
2-1-yr	Brand Dilantin	8am	JS	AS	AS																														
	Strength 100mg Dose 200mg																																		
Stop	Amount 2 tabs Route mouth																																		
cont.	Frequency twice daily	8pm	SD	SD																															

Special instructions:

Reason: decrease seizures

Start	Generic Tramadol	Hour	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31			
2-1-yr	Brand Ultram	8am	JS	AS	AS																															
	Strength 50mg Dose 50mg																																			
Stop	Amount 1 tab Route mouth																																			
cont.	Frequency twice daily	8pm	SD	SD																																

Special instructions:

Reason: contracture pain

Start	Generic	Hour	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31		
	Brand																																		
	Strength Dose																																		
Stop	Amount Route																																		
	Frequency																																		

Special instructions:

Reason:

Name: Juanita Gomez Site: 45 Shade Street Treetop MA 00000	CODES		Signature		Signature
	DP-day program/day hab	LW	Linda White		
	LOA-leave of absence	JS	Jenna Sherman		
	P-packaged	AS	Amanda Smith		
	W-work	SD	Sam Dowd		
	H-hospital, nursing home, rehab center				
	S-school				

Accuracy Check 1 Jenna Sherman Date 2/28/yr Time 10pm

Accuracy Check 2 Amanda Smith Date 2/28/yr Time 10pm

Sample Medication Information Sheet

Docusate sodium: is used to prevent hard, dry stools by increasing water, fat penetration in the intestines; allows for easier passage of stools.

Brand names for docusate sodium are Colace, Correctol, Diocto, Doc-Q-Lace, Docolace, Good Sense Stool Softener, and Phillip's Stool Softener

How To Take: Swallow tablet whole; do not break, crush, or chew. Oral solution can be diluted in milk, fruit juice to decrease bitter taste. May be taken in the morning or evening

Side Effects: Bitter taste, throat irritation, nausea, anorexia, cramps, diarrhea and rash.

Interactions: Toxicity if taken with mineral oil, increased laxative action with flax and Senna.

Special Precautions: Not to use in presence of abdominal pain, nausea, vomiting. Notify HCP if constipation unrelieved, muscle cramps, pain, weakness, dizziness, excessive thirst. Know that it may take up to three days to soften stools.

Overdose: If overdose is suspected, call your local poison control center or emergency room. US residents can call the national poison control hotline at 1-800-222-1212.

Sample Medication Information Sheet

Phenytoin sodium: is an anticonvulsant to control tonic-clonic (grand mal) and complex partial (temporal lobe) seizures.

Brand names for phenytoin are Dilantin, Phenytek

How to take: Give divided doses with or after meals to decrease adverse GI reactions.

What to do if you miss a dose: Take as soon as possible unless it is near the time of your next dose, skip the missed dose and resume your next regular dose. Never double the dose.

Side Effects: Ataxia, decreased coordination, mental confusion, slurred speech, insomnia, nervousness, peripheral neuropathy, hypotension, blurred vision, nausea, vomiting, constipation, Steven-Johnson Syndrome. If any of these effects persist or worsen, notify your doctor immediately.

Interaction: May decrease the therapeutic effects of acetaminophen and increase the incidence of hepatotoxicity. Monitor for toxicity. Tell your HCP of all medications you are taking, including any herbals.

Special Precautions: Do not discontinue abruptly because this may worsen seizures; take as prescribed the same time each day, with or after meals. Monitor drug levels, maintain seizure precautions.

Overdose reaction: If overdose is suspected, call your local poison control center or emergency room. US residents can call national poison control hotline at 1-800-222-1212.

Sample Medication Information Sheet

Tramadol: is an analgesic used to treat moderate to severe pain, chronic pain.

Brand names for Tramadol are Conzip, Rybix, Ryzolt, Ultram, and Zytram.

How to take: Oral tablets, take with or without food.

What to do if you miss a dose: Take as soon as possible unless it is one hour before the next dose. If so, skip the missed dose. Never double up on dose.

Side Effects: Vertigo, depression, seizures, headache, fatigue, hypotension, blurred vision, nasal congestion, nausea, anorexia, constipation, GI irritation, diarrhea, pruritus and urinary retention.

Interactions: Tell your HCP of all the medications you are taking. Do not use with St. John's wort. Using tramadol together with alcohol may increase side effects such as dizziness, drowsiness, confusion, and difficulty concentrating.

Contraindications: Hypersensitivity, acute intoxication with any CNS depressant, alcohol, asthma, respiratory depression.

Special Precautions: Monitor vital signs, if respirations are less than 12 withhold, track bowels, and check urinary output.

Overdose reaction: Serotonin syndrome, neuroleptic malignant syndrome: increased heart rate, sweating, dilated pupils, tremors, high B/P, hyperthermia, headache, and confusion.

HEALTH CARE PROVIDER ORDER

Name Tanisha Johnson	Date 2-1-yr
Health Care Provider Dr. Chen Lee	Allergies none
Reason for Visit Annual physical exam	
Current Medications See attached medication list	
Staff Signature <i>Sam Dowd</i>	Date 2-1-yr
Health Care Provider Findings Continue current medications	
Medication/Treatment Orders Luminal 64.8mg by mouth daily in the evening Klonopin 1mg by mouth twice daily at 8am and 4pm	
Instructions	
Follow-up visit	Lab work or Tests
Signature <i>Dr. Chen Lee</i>	Date 2-1-yr

Posted: Sam Dowd Date: 2/1/yr Time: 2pm

Verified: Linda White Date: 2/1/yr Time: 4pm

Month and Year: March yr

MEDICATION ADMINISTRATION SHEET

Allergies: none

Start	Generic Clonazepam	Hour	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
2-1-yr	Brand Klonopin	8am	JS	AS	AS																												
	Strength 1mg Dose 1mg																																
Stop	Amount 1 tab Route mouth	4pm	SD	SD																													
cont.	Frequency twice daily at 8am and 4pm																																

Special instructions:

Reason: decrease seizures

Start	Generic Phenobarbital	Hour	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
2-1-yr	Brand Luminal																																	
	Strength 32.4mg Dose 64.8mg																																	
Stop	Amount 2 tabs Route mouth																																	
cont.	Frequency daily in the evening	8pm	SD	SD																														

Special instructions:

Reason: decrease seizures

Start	Generic	Hour	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
	Brand																																	
	Strength Dose																																	
Stop	Amount Route																																	
	Frequency																																	

Special instructions:

Reason:

Start	Generic	Hour	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
	Brand																																	
	Strength Dose																																	
Stop	Amount Route																																	
	Frequency																																	

Special instructions:

Reason:

Name: Tanisha Johnson Site: 45 Shade Street Treetop MA 00000	CODES		Signature		Signature
	DP-day program/day hab	LW	Linda White		
	LOA-leave of absence	JS	Jenna Sherman		
	P-packaged	AS	Amanda Smith		
	W-work	SD	Sam Dowd		
	H-hospital, nursing home, rehab center				
S-school					

Accuracy Check 1

Jenna Sherman Date 2/28/yr Time 10pm

Accuracy Check 2 Amanda Smith Date 2/28/yr Time 10pm

Sample Medication Information Sheet

Clonazepam: is an anticonvulsant.

The brand name is Klonopin.

How to take: by mouth with food or milk for GI symptoms; oral disintegrating tablets can be opened by peeling back foil on blister pack (do not push through foil) place on tongue; allow to dissolve; may be swallowed with or without water.

Side effects: drowsiness, dizziness, confusion, tremors, insomnia, headache, slurred speech, palpitations, bradycardia, tachycardia, abnormal eye movements, nausea, constipation, diarrhea, dysuria, rash, alopecia, dyspnea, and respiratory depression.

Interactions: May increase lab test for AST, alkaline phosphatase and bilirubin. CNS depression may occur if using alcohol, barbiturates, opiates antidepressants, other anticonvulsants, hypnotics and sedatives.

Special Precautions: Do not discontinue abruptly, seizures may increase. Report allergic reaction to HCP including red raised rash; product should be discontinued. Notify HCP if yellowing of skin/eyes, clay colored stool, bleeding fever, extreme fatigue, sore throat, suicidal thoughts/behaviors.

Overdose: Lavage, activated charcoal, flumazenil, monitor electrolytes, VS, administer vasopressors. If overdose is suspected, call the national poison control hotline at 1-800-222-1212.

Sample Medication Information Sheet

Phenobarbital: is a barbiturate used for all forms of epilepsy, status epilepticus, and febrile seizures in children, sedation and insomnia. It may be used for other conditions as determined by your HCP (Health Care Provider).

How to take: Take this medication by mouth with food or milk to avoid stomach upset on a regularly schedule and as prescribed by your HCP. Do not suddenly stop taking this medication.

What to do if you miss a dose: Take it as soon as you remember but if it is too close to the next dose skip the missed dose and resume your regular schedule. Do not double the dose.

Side Effects: Agitated mood; confusion; dizziness; excessive daytime drowsiness; headache; lightheadedness; low blood pressure; nausea; slow heartbeat; slowed breathing; vomiting.

Seek medical attention right away if any of these SEVERE side effects occur: Severe allergic reactions (rash; hives; itching; difficulty breathing; tightness in the chest; swelling of the mouth, face, lips, or tongue); liver damage.

Interactions: Tell your HCP about all the medications you take especially blood thinners (warfarin), epilepsy medications, cyclosporine, antidepressants, pain medications, muscle relaxants, alcohol, Barbiturates can decrease the effectiveness of oral birth control pills.

Special Precautions: Avoid alcohol, use caution while driving or operating machinery, elderly people may be more sensitive to the effects of this medication.

Overdose reaction: If overdose is suspected call your local poison control center at 1-800-222-1222.

**Ellen Tracey Support Plan
Anxiety Management
No Known Allergies**

Specific symptoms that show us Ellen is anxious:

1. Biting hands for more than 4 minutes
2. Head slapping for longer than 30 seconds or more than 5 times in 4 minutes
 - A. Staff will attempt to talk to Ellen in one on one conversation regarding current feelings and difficulties
 - B. Staff will attempt to direct and involve Ellen in a familiar activity such as laundry, meal preparation, etc.

If unsuccessful with A and B, the Ativan may be administered.

Ativan 0.5mg once daily as needed by mouth; must give at least 4 hours apart from regularly scheduled Ativan doses.

(Refer to HCP order)

If anxiety continues after the additional dose, notify HCP.

HCP signature: *Shirley Glass MD 2/1/yr*

Posted: Sam Dowd 2-1-yr 2pm

Verified: *Linda White 2-1-yr 4pm*

HEALTH CARE PROVIDER ORDER

Name Ellen Tracey	Date 2-1-yr
Health Care Provider Dr. Shirley Glass	Allergies none
Reason for Visit Annual physical exam	
Current Medications See attached medication list	
Staff Signature <i>Sam Dowd</i>	Date 2-1-yr
Health Care Provider Findings Continue current medications	
Medication/Treatment Orders Ativan 1mg by mouth twice daily Ativan 0.5mg by mouth once daily PRN anxiety. Give PRN dose at least 4 hours apart from scheduled dose. See support plan. Lipitor 20mg by mouth once daily in the evening	
Instructions	
Follow-up visit	Lab work or Tests
Signature <i>Dr. Shirley Glass</i>	Date 2-1-yr

Posted: Sam Dowd Date: 2/1/yr Time: 2pm

Verified: Linda White Date: 2/1/yr Time: 4pm

Month and Year: March yr

MEDICATION ADMINISTRATION SHEET

Allergies: none

Start	Generic Lorazepam	Hour	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
2-1-yr	Brand Ativan	8am	JS	AS	AS																													
	Strength 0.5mg	Dose	1mg																															
Stop	Amount 2 tabs	Route	mouth																															
cont.	Frequency twice daily	8pm	SD	SD																														

Special instructions:

Reason: lessen anxiety

Start	Generic Lorazepam	Hour	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
2-1-yr	Brand Ativan	P																																
	Strength 0.5mg	Dose	0.5mg																															
Stop	Amount 1 tab	Route	mouth																															
cont.	Frequency once daily PRN anxiety	N	3pm	SD																														

Special instructions: Give at least 4 hours apart from scheduled dose. See support plan.

Reason: lessen anxiety

Start	Generic Atorvastatin	Hour	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
2-1-yr	Brand Lipitor																																	
	Strength 10mg	Dose	20mg																															
Stop	Amount 2 tabs	Route	mouth																															
cont.	Frequency once daily in evening	8pm	SD	SD																														

Special instructions:

Reason: decrease cholesterol

Start	Generic	Hour	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
	Brand																																	
	Strength	Dose																																
Stop	Amount	Route																																
	Frequency																																	

Special instructions:

Reason:

Name: Ellen Tracey Site: 45 Shade Street Treetop MA 00000	CODES		Signature	Signature
	DP-day program/day hab	LW	Linda White	
	LOA-leave of absence	JS	Jenna Sherman	
	P-packaged	AS	Amanda Smith	
	W-work	SD	Sam Dowd	
	H-hospital, nursing home, rehab center			
S-school				

Accuracy Check 1

Jenna Sherman

Date 2/28/yr

Time 10pm

Accuracy Check 2

Amanda Smith

Date 2/28/yr

Time 10pm

Sample Medication Information Sheet

Lorazepam: is an anti-anxiety medication used to treat anxiety, seizures, alcohol withdrawal, prevention of nausea and vomiting due to chemotherapy, insomnia and tension headaches.

Brand name for lorazepam is Ativan.

How to take: Oral form should be taken with food or milk for GI symptoms; may crush if unable to swallow medication whole.

Side Effects: Can cause dizziness, drowsiness, depression, weakness, orthostatic hypotension, blurred vision, constipation, tinnitus, diarrhea, anorexia, or rash. Notify your HCP if these effects persist or worsen.

Interactions: Do not take more than prescribed amount, may be habit forming. Limit alcohol use to avoid drowsiness.

Special precautions: Not to discontinue medication abruptly after long term use, to avoid driving, or activities that require alertness, since drowsiness may occur, to rise slowly because fainting may occur, especially among geriatric patients.

Overdose reaction: If overdose is suspected, call your local poison control center or emergency room. US residents can call the national poison control hotline at 1-800-222-1212.

Sample Medication Information Sheet

Atorvastatin: is an antilipidemic which can reduce cardio vascular disease in those with mildly elevated cholesterol.

The brand name is Lipitor.

How to take: by mouth at any time of day without regards to meals.

What to do if you miss a dose: Take as soon as possible unless it is near your next dose, skip the missed dose and resume your regular schedule.

Side Effects: Headache, asthenia, abdominal cramps, constipation, diarrhea, flatus, heartburn, nausea, rash, alopecia, photosensitivity, pharyngitis, sinusitis.

Interactions: Possible toxicity when used with grapefruit juice; oat bran may reduce effectiveness.

Special precautions: report to HCP any blurred vision, severe GI symptoms, headaches, muscle pain, weakness. Not to take product if pregnant, breast feeding; to avoid alcohol. Stay out of the sun; use sunscreen, protective clothing to prevent photosensitivity.

Overdose reaction: If overdose is suspected, call your local poison control center or emergency room. US residents can call the national poison control hotline at 1-800-222-1212.